



NORTH COUNTY CHRISTIAN SCHOOL



OCTOBER 2017

Plate lunch prices pre-6th \$3.70 staff \$3.95

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Soft Pretzels with Cheese, WG Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Rice Krispies Treat Milk, Fat Free	*Toasted Ravioli Green Beans Mandarin Oranges *Cookie Milk, Fat Free	WEAR YOUR BLUE FOR ST. LOUIS BLUES OPENER! Nachos and Cheese, WG Green Beans Fresh Fruit Churro Milk, Fat Free	*Breaded Chicken Drumstick Buttered Noodles Mixed Vegetables Cookie Milk, Fat Free	BELLACINO'S PIZZA DAY

ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY

Hamburger	Grilled Cheese	Hot Dog	Toasted Ravioli	No Alternate
9	10	11	12	13
*Jumbo Corn Dog Fresh Cooked Carrots Applesauce Cookie Milk, Fat Free	Bowl of Chili *Cheddar Goldfish, WG Chilled Pineapple Jell-O Milk, Fat Free	BREAKFAST FOR LUNCH! *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free	*Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Applesauce Oreo Cookies Milk, Fat Free	CHICK-FIL-A DAY

ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY

Hamburger	Grilled Cheese	Hot Dog	Toasted Ravioli	No Alternate
16	17	18	19	20
Manwich Sloppy Joe on WG Bun Green Beans Applesauce Vanilla Ice Cream Milk, Fat Free	*Cheese Pizza WG Tossed Salad Light Ranch Dressing Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free	Hot Dog on WG Bun *French Fries with Ketchup Fresh Fruit Fresh Veggies Lite Ranch Dressing Milk, Fat Free	Hamburger on WG Bun Green Beans Fresh Fruit/Seasonal Chocolate Pudding Milk, Fat Free	EC LUNCH WILL BE SERVED SCHOOL CLOSED EC OPEN

ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY

Hamburger	Grilled Cheese	Hot Dog	Toasted Ravioli	No Alternate
23	24	25	26	27
Mini Chicken Pot Pie Lettuce & Carrot Salad Fresh Fruit/Seasonal Milk, Fat Free	Pancake Bites Triangle Hash Brown Fresh Fruit/Seasonal Yogurt Milk, Fat Free	Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free	Chicken Nuggets Roasted Red Potatoes Green Beans Fresh Fruit/Seasonal Milk, Fat Free	BELLACINO'S PIZZA

ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY

Hamburger	Grilled Cheese	Hot Dog	Toasted Ravioli	No Alternate
30	31			
*Pig in a Blanket Macaroni & Cheese Steamed Broccoli Fresh Fruit/Seasonal Milk, Fat Free	Grilled Cheese Creamy Chicken Noodle Soup Tossed Salad Fresh Fruit/Seasonal Milk, Fat Free			
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Hamburger	Grilled Cheese			

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc.



Food Service Consultants, Inc.

"Serving You With Pride"

