



NORTH COUNTY CHRISTIAN SCHOOL

OCTOBER 2018



Plate lunch prices pre-6th \$3.70 staff \$3.95

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<u>BREAKFAST FOR LUNCH!</u> Scrambled Eggs *Hash Brown Triangle Fresh Fruit/Seasonal *Cinnamon Streusel Milk, Fat Free	Grilled Hamburger on WG Bun Green Beans Fresh Fruit/Seasonal Jell-O Milk, Fat Free	Oven Roasted Chicken Breast Rice Pilaf Spinach Salad Fresh Fruit/Seasonal Milk, Fat Free	Fettuccini Alfredo Steamed Broccoli *Fresh Breadsticks *Cookie Milk, Fat Free	CHICK-FIL-A DAY
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Chicken Nuggets	Hot Dog	Bacon Wrap	Bosco Stick	
8	9	10	11	12
*Bosco Breadstick Sauce Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Oreo Cookies Milk, Fat Free	Manwich Sloppy Joe on WG Bun Green Beans Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free	Rainbow Tortellini w/ Alfredo Sauce Tossed Salad Lite Italian Dressing Breadstick Fresh Fruit/Seasonal Milk, Fat Free	Mini Tacos Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free	BELLACINO'S PIZZA
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Chicken Nuggets	Hot Dog	Bacon Wrap	Bosco Stick	
15	16	17	18	19
*Mostaccioli Tossed Salad Lite Italian Dressing Fresh Fruit/Seasonal *WG Dinner Rolls Milk, Fat Free	Turkey & Cheese on Skinny Bun Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Rice Krispies Treat Milk, Fat Free	CHICK-FIL-A DAY 	1/2 DAY Golden Grilled Cheese, WG Fresh Vegetables w/dip Fresh Fruit/Seasonal Vanilla Ice Cream Milk, Fat Free LUNCH SERVED FOR E.C. AND ELEMENTARY	SCHOOL CLOSED PARENT-TEACHER CONFERENCE E.C. OPEN FOOD SERVED
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Chicken Nuggets	Hot Dog	Bacon Wrap	Bosco Stick	
22	23	24	25	26
*Jumbo Corn Dog Corn Fresh Fruit/Seasonal *Vanilla Wafers Milk, Fat Free	Pepperoni Pizza Dippers Tossed Salad Jell-O Fresh Fruit/Seasonal Milk, Fat Free	*Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free	*Breaded Chicken Drumstick Buttered Noodles Mixed Vegetables Jell-O Milk, Fat Free	BELLACINO'S PIZZA
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Chicken Nuggets	Hot Dog	Bacon Wrap	Bosco Stick	
29	30	31		
*Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free	<u>PASTA DAY</u> Spaghetti with Meat Sauce Green Beans *WG Dinner Roll 100% Fruit Juice Bar Milk, Fat Free	<u>HAPPY HALLOWEEN</u> Boo Burger (Hamburger) Skeleton Bones (Fries) Bat Teeth (Corn) Halloween Treat Mummy Milk		
ALTERNATE ENTRÉE 4TH - 6TH GRADE ONLY				
Chicken Nugget	Hot Dog	Bacon Wrap		

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc.



Food Service Consultants, Inc.
 "Serving You With Pride"

